

Detached and Torn Retina

A retinal detachment is a very serious problem that usually causes blindness unless treated. The appearance of flashing lights, floating objects, or a gray curtain moving across the field of vision are all indications of a retinal detachment. If any of these occur, see an ophthalmologist (Eye M.D.) right away.

As one gets older, the **vitreous** (the clear, gel-like substance that fills the inside of the eye) tends to shrink slightly and take on a more watery consistency. Sometimes as the vitreous shrinks, it exerts enough force on the retina to make it tear.

Retinal tears can lead to a retinal detachment. Fluid vitreous, passing through the tear, lifts the retina off the back of the eye like wallpaper peeling off a wall. Laser surgery or cryotherapy (freezing) are often used to seal retinal tears and prevent detachment.

If the retina is detached, it must be reattached before sealing the retinal tear. There are three ways to repair retinal detachments. **Pneumatic retinopexy** involves injecting a special gas bubble into the eye that pushes on the retina to seal the tear. The **scleral buckle procedure** requires the fluid to be drained from under the retina before a flexible piece of silicone is sewn on the outer eye wall to give support to the tear while it heals. **Vitrectomy surgery** removes the vitreous gel from the eye, replacing it with a gas bubble, which is slowly replaced by the body's fluids.

This information is provided by the American Academy of Ophthalmology.